



northcott
disability services

the paediatric spinal outreach service



The Northcott Paediatric Spinal Outreach Service is jointly funded by Northcott Disability Services and NSW Health. The team services children and adolescents throughout NSW and the ACT who have had a spinal cord injury. The aim of the service is to maximise age-appropriate rehabilitation and to facilitate reintegration into home, school and the community.

Eligibility

Children and adolescents (0 - 18 years) who have a spinal cord injury acquired by trauma or disease.

Geographical area

This is an outreach service covering all rural and metropolitan areas of NSW and the ACT.

Referrals

Families can refer themselves or, with their approval, other services involved with the family's care can make the referral. This can be done by phoning The Northcott Paediatric Spinal Outreach Service directly.

Contact The Northcott Paediatric Spinal Outreach Service

Northcott Disability Services,
1 Fennell Street, North Parramatta NSW 2151
Ph: (02) 9890 0100 Fax: (02) 9683 2827
Toll Free: 1 800 506 071
Email: nc@northcott.com.au

Who makes up the team?

The team consists of:

- Clinical Nurse Specialist
- Occupational Therapists
- Physiotherapist
- Social Worker
- Case Manager
- Administrative Support.

Services

Services are provided in the home, school and/or community, and may include:

- Case management
- Health maintenance programs to assist with issues relating to skin care, personal care, pain, sexuality, bowel and bladder management
- Education programs to reduce the incidence of complications such as pressure sores, urinary and respiratory infections
- Assistance with home and school modifications
- Assistance with equipment needs – mobility, transfers, posture, seating, self-care and recreation
- Family and individual support
- Physiotherapy assessment, advice and rehabilitation
- Liaison with insurance companies
- Assistance with transition to adult and other services
- Liaison and collaboration with local services
- Services to both compensable and non-compensable clients.