



northcott  
disability services

# leisure access



The Leisure Access Service enables adults with disabilities to participate in the leisure activities of their choice, providing a break from everyday routines for the person with a disability and their families or carers.

Leisure Access programs are individually planned with participants and their families/carers. People of widely differing ages, backgrounds and abilities use the service and are offered at least one outing or activity a month. Programs may be arranged individually, or for several people who have similar interests and enjoy going out with a small group.

Peer support workers provide practical assistance as required in response to individual needs. They may be in the same age group and come from similar backgrounds. Both paid staff and volunteers involved in the program are fully trained.

Activities are based on individual choices and can include pursuit of hobbies, visits to local cinemas, clubs and restaurants, participation in sport or fitness programs as well as outings to places of interest and special events such as concerts and football matches.

**Contact** Coordinator of the Leisure Access Service, Northcott Disability Services Liverpool office, 99 Rose Street, Liverpool NSW 2170  
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Senior Manager SW NSW is also available on (02) 9890 0100

## Eligibility

People with a disability aged 18 years or over. Priority is given to people who:

- have high support needs
- are socially isolated, have few opportunities for recreation and may lack other community support services
- have other disadvantages due to family circumstances.

## Geographical area

Leisure Access services are available for people who live in the Liverpool and Fairfield areas.

## Costs

A fee is charged for each outing, plus participants pay their own expenses for outings and activities (e.g. entry charges, refreshments).

Information about costs is provided in advance. Transport can be arranged, if necessary, for a small fee. The program covers workers' expenses.

## Funding

This service is funded by the Department of Ageing, Disability and Home Care and Northcott Disability Services.

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leisure access