



Karingal Children's Respite North Rocks

Respite is planned short term and time limited breaks for families caring for a child with a disability. The aim is to reduce the potential break down of formal and informal supports for a person with a disability. Northcott Disability Services provide the opportunity for children looking for overnight stays on weekends in school terms or up to four nights during the school holidays. The service will address the individual needs of young people with a disability and work closely with the client, families and carers to develop an individualised respite plan.

Eligibility

- Children and young people 6 – 18 years
- Children and young people with a physical disability

Priority of access given to

- Person living with a sole carer
- Person living with an aged carer
- Person with fragile health and multiple support needs
- Persons with assessed complex challenging behaviour
- Persons having no or limited access to other services
- People living in Metropolitan North region

Geographical Area

Families living in the Greater Metropolitan Area can access the service. Priority will be given to those in the Metropolitan North Region.

Activities

Small groups of young people are accommodated at Karingal. Attention is paid to age and peer group compatibility. Children will participate in activities that young people of similar ages enjoy. Each group is able to participate in making the decisions about where they will go. Some examples of activities are, visiting wildlife parks, the beach, shopping, movies, bowling, museums and galleries. In house activities may include craft, pizza nights, BBQ's and disco dancing.

Cost

A nominal daily fee is charged and families pay for the cost of outings.

Funding

This service is funded by Ageing, Disability and Home Care, Department of Human Services NSW and Northcott Disability Services.

Contact

Karingal Respite

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